Message: Christians live Spirit filled lives characterized by joyful worship, gratitude to God and mutual submission.

I. Introduction

II. What is meant by being filled with the Spirit? 5:18
   1. What it is not
      a. It is not being filled with wine and spirits
      b. Why not (Gal 5:21)
   2. What it is
      a. It is to be filled with the Spirit of God
      b. Why so
      c. It is a state of continually being filled rather than a once and for all experience.

III. What does being filled with Spirit look like? 5:19-21
    1. A harmonious relationship with God and the community of His people.
    2. It is characterized by:
       a. Joyful and edifying Worship (5:19, Col 3:16)
       b. Gratitude and Thanksgiving (5:20, 1Th 5:18, Col 3:17)
       c. Submission (5:21)
IV. **How are we to be filled with the Spirit?**

1. Stop grieving the Spirit of God (Eph 4:30).


3. Desire the fellowship of the Spirit (2 Cor 13:14, Gal 5:16, 25))

V. **Conclusion**